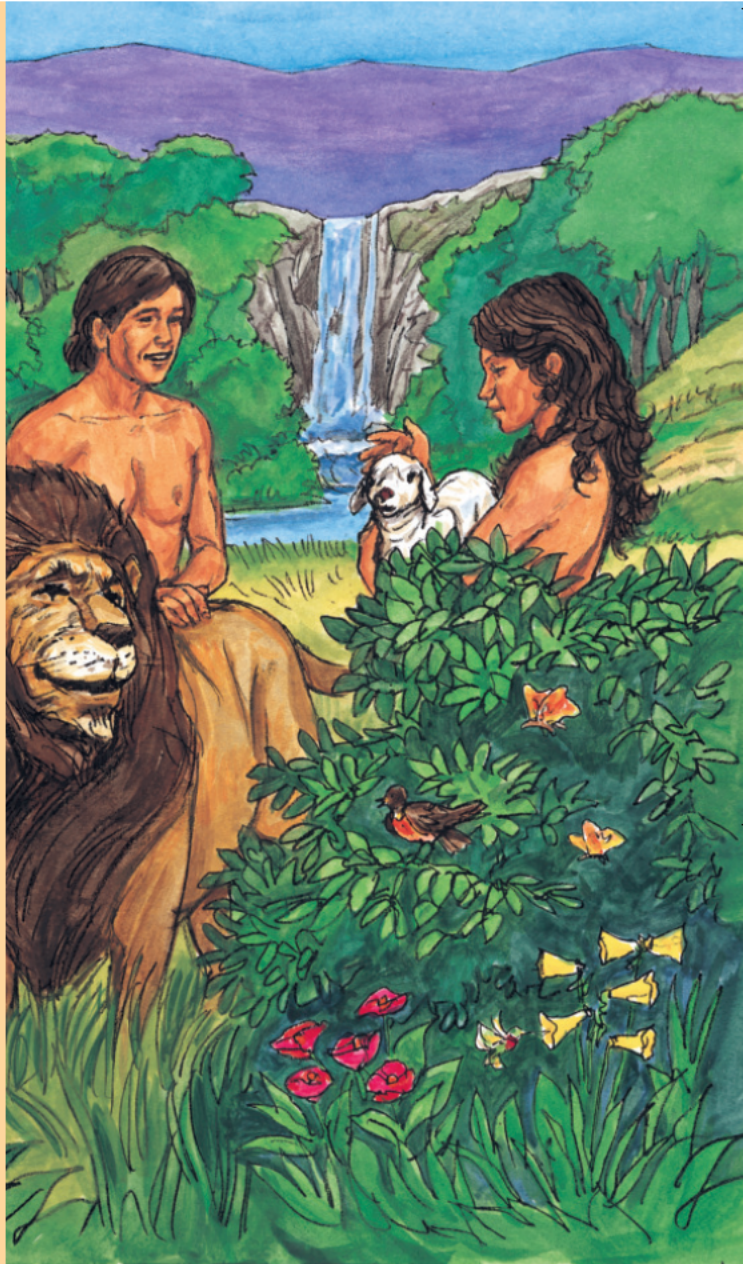


**Bible
Teachings
Series**

*A Bible study
about the
proper use
of sex*



God Created Man and Woman

God Created Man and Woman

A Bible study about the gift of sex
and its proper use



Multi-Language Productions

Bringing the Word to the World

Original text produced by the Institutional Ministries
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Level 1, Book 15



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Getting Started

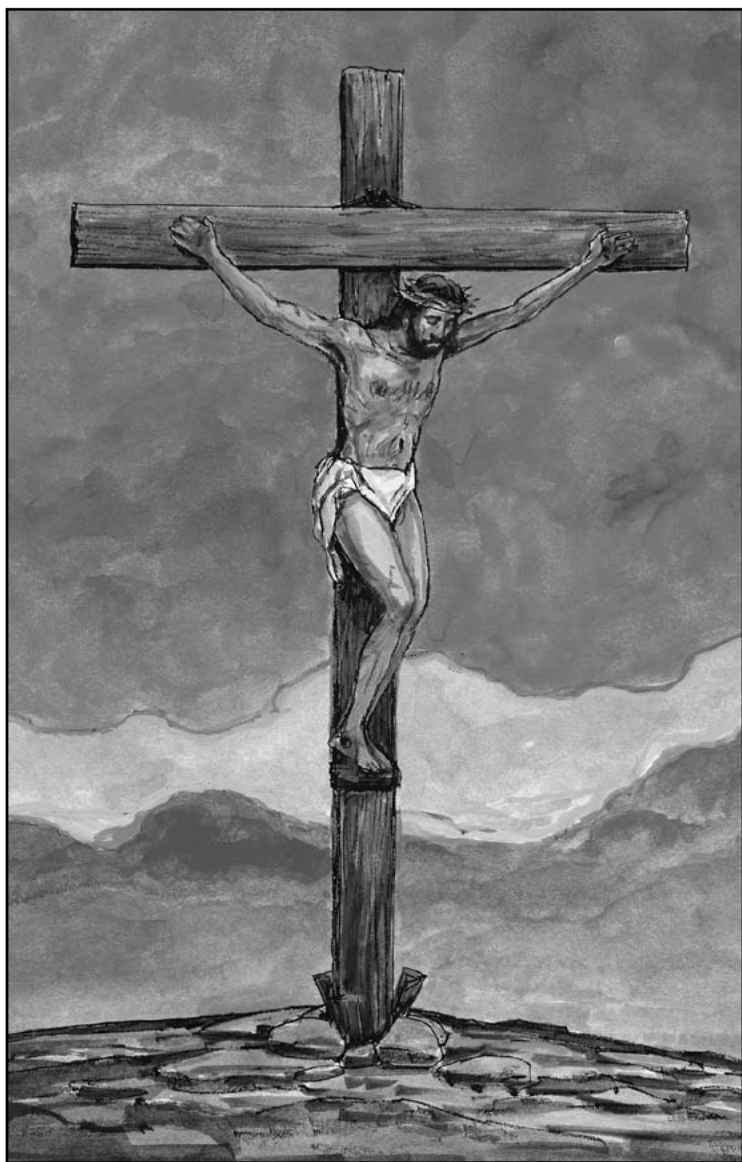
This book is about sex and sexuality and what God teaches us about these precious gifts.

Each of the six chapters begins with a list of goals marked by a small star (*). These goals tell you what you will be learning in that chapter. Within each chapter there are some questions for you to answer. At the end of the chapter there is a test. If you read the lesson carefully, you will be able to answer the questions in the test. If you go back to the beginning of the chapter and check the goals (*), you will see what you learned about those goals in the chapter.

After each set of questions, and after each chapter test, you will see a page number where you can find the correct answers to those questions. Check each of your answers and correct them if necessary. Make sure you understand each answer before you read any further.

At the end of the book is a final test. Before you take the test, go back and review the chapter tests. When you complete the final test, you can either turn it in to the person who gave you this book, or mail it to the address on the back cover. Someone will check the test and return it to you.

May God help you as you learn more about Jesus Christ and the guidance he can give you in the use of his gift of sex. He will surely bless your study!



Jesus dies on the cross.



Chapter One

Start by Being Sure God Loves You

There are many parts of your life you have remembered and looked at from time to time. You even may have asked for God's help and guidance in many things. What about your sexuality? Have you thought about asking God to be in charge of your sexuality as a man or a woman? Or are you thinking, "I cannot talk to God about THAT?"

Like everything else, the sexual part of your life will go better with God helping you, but it can be a mess if you try to be in charge of it yourself. You might have experienced some of that mess in the past. Maybe you have seen a family member or a friend put in jail because of a sex crime. Maybe you are not sure what it means to be a man or to be a woman. Maybe you are facing the temptation of same-sex activities. Maybe pornography, that is, looking at pictures of people having sex or people without clothes on, has become a big part of your life. Maybe the sexual part of your life has always been a mess.

Many people would never think of turning to God with questions about sex. But think about it: God is the first one you should turn to. He created sex. He created you. He loves you no matter how messed up and confused you are. He wants you to be his forgiven child so much that he had his Son Jesus die for you. Of course he is going to be truthful with you and help you in this area of your life.

In this chapter we will look at how:

- * God understands your needs.
- * You can be completely sure of God's unconditional love as you start dealing with your sexual life.

There are people do not want to bring their sex life to God because they are afraid. They are afraid that God will not understand their needs or that he does not care or that he will take all the fun out of their lives.

But the truth is just the opposite. Jesus said, "I have come so they can have life. I want them to have it in the fullest possible way" (John 10:10). God wants your life to be happy. And that includes the sexual part of your life. He wants to help you avoid being miserable. That is why he made rules like, "Do not commit adultery" (Exodus 20:14), and, "All of you should honor marriage. You should keep the marriage bed pure" (Hebrews 13:4). Doing things God's way will keep many painful and confusing things out of your life, like:

- Sexual diseases
- Babies born without a secure family
- The misery that comes from giving your heart and your body to someone and then losing that person, because you did not have a loving, lasting marriage
- Missing the joy of becoming one as a man and woman because you have gotten stuck in same-sex unions
- Becoming someone who only uses other people for pleasure, instead of being someone who shows love
- Becoming trapped in a sexual addiction.

A person who fills up on candy will spoil his appetite for a good dinner. The same thing can happen with sex. If you fill your life with unhealthy sexual pleasures, you will spoil your appetite for the good things that come with living your sex life God's way.

1. The sexual part of your life will go better with _____ in charge.
2. The sexual part of your life can be a mess

- with _____ in charge.
3. God should be the first one you turn to with questions and confusion about sex, because he _____ sex in the first place.
 4. God wants your life to be _____, and he wants to help you avoid being _____.
 5. Miserable things like sexual diseases given to other people, babies not having secure families, loveless sexual relationships, and sexual addictions can come from not following God's _____ for sex.

(Check your answers on the bottom of page 11)

There are many reasons to live your life God's way when it comes to sex. But you do not have to be afraid that he will not accept you and save you if you have not been living his way! God's love and salvation are not a reward you get for living right. His love and salvation are a free gift he gives: "God gives you the gift of eternal life because of what Christ Jesus our Lord has done" (Romans 6:23).

Most people do not know what the Bible says about God's love. They think that the more they live right, the more God is going to love them, and the better chance they will have of being saved. But that is not how it works. The Bible teaches that God loves you and accepts you just as you are. Jesus took all the blame for anything that is wrong with you when he died on the cross. He did this to make you a new person, to make you God's man or God's woman. Your life will be less miserable and confusing as you start living God's way. But it will not make God love you more than he does now, because God already loves you with all his heart.

God wants to help you make good and positive changes in your life. And he knows that if you are sure that he loves and accepts you, you will be more willing and eager to see changes in your life than if you were afraid he might not love and accept you. In the Bible there is the story of some religious leaders who caught a woman having sex with a man to whom she

was not married. They dragged her to Jesus and demanded that he find her guilty so they could stone her to death. Jesus got rid of them and told her, "I don't find you guilty. Go now and leave your life of sin" (John 8:11). That is how it works: Your Savior God forgives you and accepts you completely. In the safety of his unconditional love you can start to live a new life. And that includes your sex life.

6. God's love and salvation are a free _____, not a _____ you get for living right.
7. Jesus took all the blame for you when he died on the _____.
8. You will be better able to make positive changes in your life if you are sure of having God's _____ and _____ than if you are afraid God might reject you.

(Check your answers on the bottom of page 11)

Review of Chapter One

Most of the time people do not think about asking God to be in charge of the sexual part of their lives. They do not want to ask even if that part of their lives is a mess. They are afraid that God will not understand or care about their needs. The truth is, though, that God does understand our needs. He wants the sexual part of our lives to be happy, just like the rest of our lives. That is why he gave us his rules for sexual behavior. He wants to help us avoid the problems and the misery that come from misusing sex.

God's love and acceptance are yours because of Jesus, not because of who you are or what you have done. God will not love you more if you have obeyed his rules for sex. And he will not love you less if you have disobeyed those rules. God loves you just as you are, with an unconditional love. Jesus died on the cross to pay for any and all sins you have done. He did this to make you a new person. He wants you to love him, and he wants you to be sure of his

love for you. God knows that if you are sure he loves and accepts you, you will be more willing and eager to see changes in your life than if you were afraid he might not love and accept you.

Answers to the questions in Chapter One:

1. God; 2. you; 3. created; 4. happy, miserable; 5. rules; 6. gift, reward; 7. cross; 8. love, salvation.

Test on Chapter One

1. The sexual part of your life will be better with _____ in charge of it, and it can be a mess with _____ in charge.
2. _____ created sex, so he should be the _____ one you turn to with questions and confusion about sex.
3. God _____ you no matter how messed up your life is.
4. In John 10:10 Jesus says, "I have come so they can have _____. I want them to have it in the possible way."
5. Put a check mark by the miseries that come from not following God's plan for sex:
___ A) Sexual diseases
___ B) Babies are born without secure families
___ C) Safe, loving homes
___ D) Sexual addictions
___ E) Life-long, love-filled relationships

6. True or False? *Circle the correct answer.*

T or F - First you must live God's way
before he accepts you and saves you.

7. Jesus took all the _____ for you
when he died on the cross.

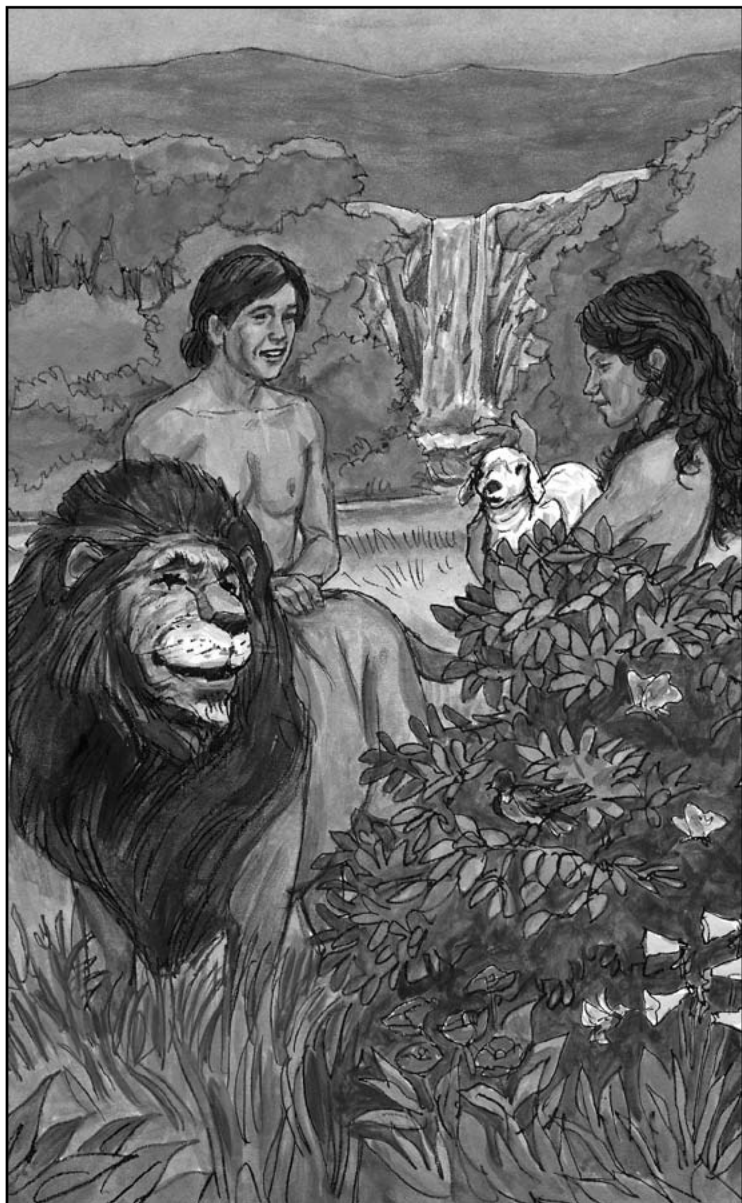
8. Jesus' death on the cross means you can
be _____ that God
forgives you.

9. Which will help you more in making positive
changes in your life? *Check the best
answer.*

_____ Fear that you might lose God's love
and acceptance

_____ Confidence that you have God's love
and acceptance

(Check your answers on page 77)



Adam and Eve were the first man and woman.



Chapter Two

God Created Sex

There is a joke about a man who had a widowed mother living by herself far from him. He was afraid she was lonely, so for her birthday he bought her a very expensive, talking parrot and had it sent to her. A few days later he telephoned her and asked her if she had gotten his present. She said, "I did, and I really want to thank you for such a thoughtful present. It was delicious."

Why tell that joke? Because it pictures the way God has given us a very valuable gift: the gift of our sexual identity as a man or a woman. But we mess things up because we do not find out from God what he had in mind when he gave this gift. In this chapter we will look at how:

- * God gave us our sexuality as a loving gift.
- * We need to look to him for help in using and enjoying this gift.

When the Bible talks about God creating us, one of the first things it says is, "He created them as male and female" (Genesis 1:27). From the beginning of the world, sexuality was an important part of people's lives. You still see that today. When a baby is born, what is the first thing that is told to other people? It is not the baby's eye color or the amount of hair on the baby's head.

The first thing that is said is, "It is a boy!" or, "It is a girl!" Your sexual identity as a man or a woman has been an important part of who you are from the time you were a baby.

The fact that people live their lives as either men or women is part of the joy of life. For example, women often see things differently than men see them, so men and women can get help from each other's point of view. Sometimes a man can talk to a woman about things he has trouble saying to another man. Sometimes women need a man to talk to. The physical attraction that men and women have for each other is another joy God built into human life. Men and women are naturally attracted to each other. That is part of what the Bible is talking about when it says, "God saw everything he had made. And it was very good" (Genesis 1:31).

One part of being a man or woman is the ability to have sex. It is only one part of our lives, but it is an important part. The Bible says

that right after God created a man and a woman he told them, "Have children and increase your numbers" (Genesis 1:28). God made Adam and Eve with the ability to have sex. He made them husband and wife. Then he told them to start using their ability to have sex. That is another part of what the Bible is talking about when it says, "God saw everything he had made. And it was very good" (Genesis 1:31).

1. Genesis 1:27 says, "God created them as _____ and _____."
2. Men and women enjoy each other's company and are attracted to one another, and that is part of what Genesis 1:31 means when it says, "God saw _____ that he had made. And it was _____."
3. True or false? *Circle the correct answer.*
 T or F - People started having sex only after sin came into the world.
 T or F - God made Adam and Eve husband and wife.

(Check your answers on the bottom of page 21)

The devil tries to make people believe him when he says, "God is not interested in the sexual part of your life. He is only interested in religious things. Sexuality is MY territory." But the devil is lying, as usual. God is the one who created sexuality in the first place. God is the one who gave you your sexual identity as a man or a woman.

God does not give out his gifts and then tell us, "I did my part, now you find out what to do." God is always near you, and he wants to show you his plan for your life. The Bible says, "If any of you need wisdom, ask God for it. He will give it to you. God gives freely to everyone. He doesn't find fault" (James 1:5). If you are confused about your sexuality, or you feel as if you cannot keep God's rules for sex, God invites you to come to him and talk about it.

Jesus died for you. Every part of you and your life is important and valuable to God. The Bible says, "Offer your bodies to God while you are still alive. Your bodies are a holy sacrifice that

is pleasing to God. When you offer your bodies to God, you are worshiping him" (Romans 12:1). Go ahead and talk to God about your sexuality, and find out what he has in mind for you as a man or woman.

4. True or false? *Circle the correct answer.*

T or F - God only cares about the religious part of your life, not the sexual part.

T or F - The devil is not an expert on sexuality, but God is, because he created it.

T or F - What you do with your body can be part of your worship of God.

5. If you are having problems with your sexuality, you can _____ to God about it.

(Check your answers on the bottom of page 21)

Review of Chapter Two

When God created us he built sexuality (who we are as a man or a woman) into us as an important part of our lives. The different ways of thinking that men and women have, and the attraction that men and women have for each other are part of the joy of life. Husbands and wives having sex and making babies was part of God's plan from the beginning.

It is a dangerous mistake to think that you cannot go to God for help with problems and confusion about your sexuality. Because God created sex, he understands, and because God loves and accepts you, he will help.

Answers to the questions in Chapter Two:

1. male, female; 2. everything, very good; 3. F, T; 4. F, T, T; 5. pray.

Test on Chapter Two

1. Your sexuality is an important part of _____.
2. The Bible says that God created human beings as _____ and _____.
3. Check the things that are normal and natural parts of the way men and women relate to each other.
 - ___ A. Women and men enjoying each other's company
 - ___ B. Women and men finding each other attractive
 - ___ C. Women being scared of men
 - ___ D. Men speaking to women about their thoughts and feelings
 - ___ E. Men telling women what they should do
4. True or False? *Circle the correct answer.*
 - T or F A. People started having sex after sin came into the world.
 - T or F B. God is happy with married couples using their ability to have sex.

T or F C. All God really cares about is your religious life.

T or F D. Sexuality is Satan's territory.

T or F E. God is willing to listen and help in any area of your life.

5. Genesis 1:31 says that God looked at everything he had made, including human sexuality, "and it was _____."

(Check your answers on page 77)



Jesus talks to the Samaritan woman.



Chapter Three

Let Jesus Be Your Guide

When you move to a new town or city you might feel alone and helpless at first. But maybe, before a long time has passed, you meet someone who becomes a friend you can trust. Your new friend is someone who has lived in the city a few years already and knows what to do and where to go. As you spend time with this friend, you learn many things. You learn by listening to advice and asking questions, but also by watching how he

handles different situations. Simply seeing him might help you think, "I can live here without trouble. I can be happy here in this city."

Jesus can be like that friend. In every situation in your life, you can always think, "Jesus lived through situations like this. He knows what is happening in my life. He is with me right now. I can ask for his help, and I can see what the Bible says about how he lived his life."

If you are not sure about how to live your life as a real man or a real woman, as God's man or God's woman, you need to look to someone who knows how. Jesus is the best person you can look to.

In this chapter we will look at what the Bible says about:

- * How Jesus lived as a real man, with human sexuality.
- * Why Jesus lived as a real human being, with human sexuality.

This is what the Bible says about Jesus' birth: "Mary gave birth to her first baby. It was a boy" (Luke 2:7). God's Son came into this world with the same kind of body, brain, and hormones as any other boy. He was not just wearing a costume and pretending to be human. He was completely human, with a human sexual nature.

As Jesus grew, he grew from being a boy to being a man. So it was natural for him to experience what boys go through as they become men. His sexual drives started waking up, and girls started looking attractive. There are joys and there are dangers for any boy growing up to be a man, and it was no different for Jesus. There were the joys of finding out what it is like to be a man and to realize how beautiful and exciting women are. And there were the dangers of lust and of having sex without marriage. But the Bible says this about Jesus: "He was tempted in every way, just as we are. But he did not sin" (Hebrews 4:15).



Jesus as a small boy.

Jesus lived to be twenty and then thirty years old. He became a man. He was not a soft, little person who was afraid to be a real man. He made his living doing the hard, heavy work of a carpenter and probably also as a stoneworker. He knew men who were tough guys and thugs. He gave them respect, and he got respect from them. Some of them became his disciples. Women liked being with him, and he enjoyed being with them. With women, too, he gave respect and he got respect. Jesus lived his life as a real man, as God's man.

True or false? *Circle the correct answer.*

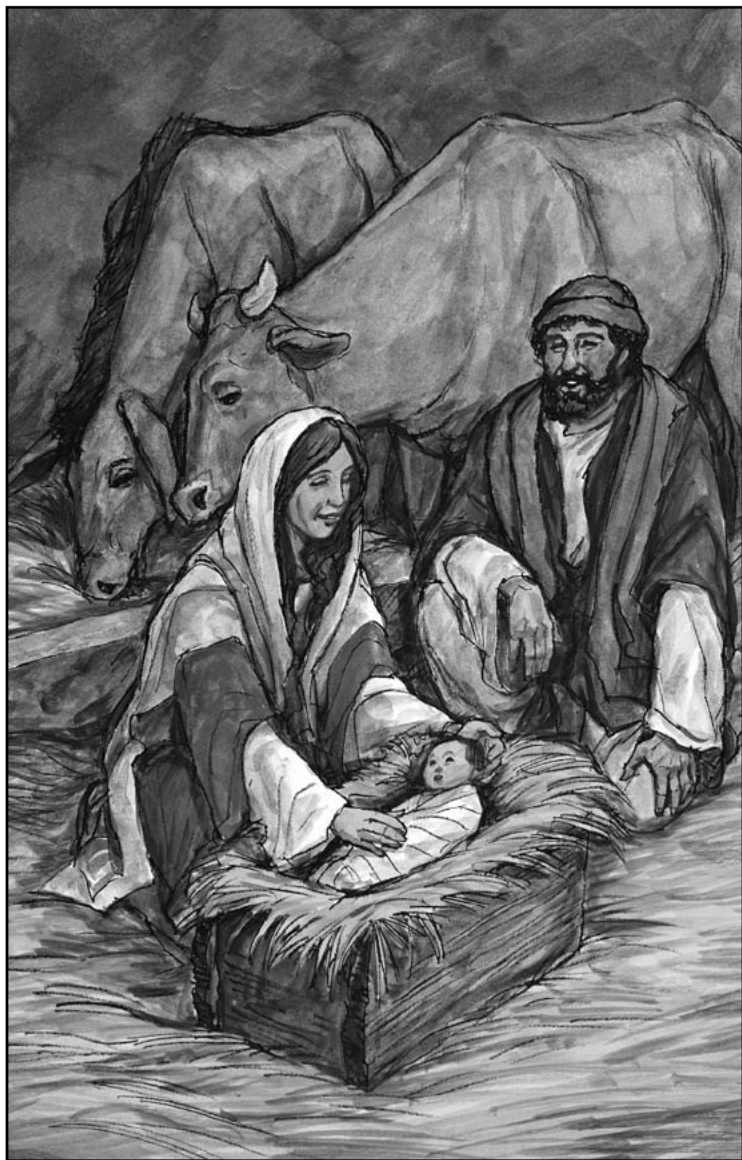
1. T or F - God's Son, Jesus, looked like a human being, but he really was not human.
2. T or F - Jesus had a human sexual nature.
3. T or F - Jesus had sex drives that awakened when he grew from being a boy to being a man.
4. T or F - Jesus avoided women and tough guys, and lived a quiet, religious life.

5. Hebrews 4:15 says that Jesus "was _____ in every way, just as we are. But he did _____."

(Check your answers on the bottom of page 32)

Jesus lived a human life, and kept the rules God gave to us, including the rules for sex. He did it in our place, as our substitute, to make up for our failures at keeping the rules. In Galatians 4:4-5 the Bible says, "God sent his Son. A woman gave birth to him. He was born under the authority of the law. He came to set free those who were under the law. He wanted us to be adopted as children with all the rights children have." Because Jesus did a perfect job of living his life, and he did it in our place, God can tell us, "You did not live a perfect life, but my Son Jesus did, and he did it for you. So I am going to give you a place in my family because of his perfect job."

Because Jesus lived a human life and felt what human beings feel, he can be our friend and helper in everything happening to us. The Bible



Jesus is born.

says, "He himself suffered when he was tempted. Now he is able to help others who are being tempted" (Hebrews 2:18). Whatever is happening to you, including things that are a part of sex, you can bring to Jesus and talk about it. No subject is off limits when you are talking to Jesus. He understands. He is there to help.

6. Jesus kept all of God's rules, and he did it in our _____.
7. Hebrews 2:18 says, "He himself _____ when he was tempted. Now he is able to _____ others who are being tempted."

(Check your answers on the bottom of page 32)

Answers to the questions in Chapter Three:

1. F; 2. T; 3.T; 4. F; 5. tempted, not sin; 6. place;
7. suffered, help.

Review of Chapter Three

Jesus can be your friend and your guide as you deal with your sexual nature, because he is a real man. He was born into this world as a human baby with a human sexual nature. He was a boy who grew to be a man, and he experienced the joys and the temptations that any boy experiences as he becomes a man. When he grew older, he did not run away from living as a real man. He did a man's work, and he enjoyed the company and friendship of real men and real women.

Jesus never sinned while he was living as a real man. He lived as God's man. His obedience goes on our record before God. God gives us his blessing for the perfect job of living that Jesus did. Because Jesus experienced life as a real man, he understands what we are going through in our struggles. And he will help us when we ask or pray to him.

Test on Chapter Three

1. Check the things that Jesus would have experienced in his life as a man.
___ A. Enjoying the sight of a beautiful woman
___ B. Having sex with a girlfriend
___ C. Temptations to go against God's will about sex
___ D. Respecting women

2. God gives us a _____ for Jesus' perfect job of obeying God's will.

True or False? *Circle the correct answer.*

3. T or F - Temptations did not bother Jesus at all.

4. T or F - Jesus never gave in to temptations.

5. T or F - You should only pray about religious things, not about sexual things.

6. T or F - Jesus will gladly be your helper and guide as you deal with sexual problems.

(Check your answers on page 77)



Chapter Four

“The Two of Them Will Become One”

The word "sex" can mean "man" or "woman." But often the word "sex" only makes people think of "having sex." The way God created us, the ABILITY to have sex is an important part of being a man or a woman. But the act of having sex is only a small part of being a man or a woman. In fact, a man can be a real man and a woman can be a real woman without having sex at all!



Adam and Eve live together as husband and wife.

But God did build into men and women the ability to have sex. The Bible makes it clear that God did this so they could use sex IN MARRIAGE. In this chapter we will look at what the Bible says about:

- * God's plan for sex within marriage.
- * God's desire to protect sex within marriage.

In the Bible God gives men this encouragement: "May the wife you married when you were young make you happy. She is like a loving doe, a graceful deer. May her breasts always satisfy you. May you always be captured by her love" (Proverbs 5:18-19).

God created the act of having sex as a way for husbands and wives to enjoy each other and to be close to each other. It is a powerful way for husbands and wives to say to each other, "I love you."

Many people wrongly think that there is something ungodly about having sex, even for

married people. These people seem to think that God really is not happy with anyone having sex, even husbands and wives. But the Bible does not say that. God makes it clear that his message to husbands and wives is, "Do not be shy or modest. Love each other! Go for it! Enjoy!"

The Bible says that in the beginning after God created Adam and Eve, he put them together and told them, "Have children and increase your numbers" (Genesis 1:28). Some people think that sex came into the world AFTER sin came into the world. But the Bible makes it clear that God wanted Adam and Eve to start having sex right away when he created them. And this was not sinful. It had the wonderful purpose of producing children. God made them so that having babies was part of the joy of having sex. When a man and a woman have a loving, stable marriage, as Adam and Eve did at the beginning, they can have sex and think, "I hope we make a baby." Usually when a man and a woman who are not married have sex

they are thinking, "I hope we do NOT make a baby." Having sex is meant for married couples because babies are meant for married couples.

1. The Bible makes it clear that God wants people to have sex only within _____.
2. Sex is a way for husbands and wives to say to each other, "I _____."
3. One reason God wants sex to stay within marriage is because having sex means the possibility of having _____.

(Check your answers on the bottom of page 41)

The Bible says, "All of you should honor marriage. You should keep the marriage bed pure. God will judge the person who commits adultery. He will judge everyone who commits sexual sins" (Hebrews 13:4). God is happy with husbands and wives enjoying his gift of sex. But it angers him when people take that gift outside of marriage and abuse it.

He is angry about sex outside of marriage because he never wanted sex to involve:

- Fear of getting pregnant
- Fear of getting or giving a sexual disease, like herpes or AIDS
- Memories of sex with people besides your husband or wife

God said, "It is not good for the man to be alone" (Genesis 2:18). To give Adam a perfect partner, God created Eve, and at the same time he created sex for husbands and wives. The Bible says, "A man will leave his father and mother and be joined to his wife. The two of them will become one" (Genesis 2:24). The act of sex makes a husband and wife "one." Then they are no longer alone.

4. Sex outside of marriage gives people a feeling that God is going to punish them. That feeling is called: _____
5. _____ of sexual experiences outside of marriage may get in the way of enjoying sex within marriage.

(Check your answers on the bottom of page 41)

Review of Chapter Four

Having sex is a gift that God has given to married couples. In God's plan sex helps make marriage good, and marriage helps make sex good. Sex is a way for husbands and wives to enjoy themselves and tell each other, "I love you." Having sex means the possibility of having babies. Babies need a mother and a father who are married. Raising babies together is another way sex brings husbands and wives closer.

God's plans for good marriages and good sex are messed up when people have sex outside of marriage. Having sex outside of marriage involves fear, fear of things like getting or giving a sexual disease and of getting pregnant. Memories of sexual experiences with other people can get in the way of husbands and wives enjoying sex with each other. God's plan for sex is that it should help make two people (married people) one.

Answers to the questions in Chapter Four:

1. marriage; 2. love you; 3. babies; 4. fear; 5. Memories.

Test on Chapter Four

1. Check the things that describe the blessings of sex within marriage.
___ A. A powerful way for husbands and wives to say, "I love you"
___ B. Pleasure without fear of getting into trouble
___ C. It can result in babies whose mother and father are going to stay together
2. Did sex come into the world before or after sin came into the world? _____
3. Does God encourage or discourage sex between husbands and wives? _____
4. Check the things that describe the fear involved in sex outside of marriage.
___ A. Fear of not being good enough in bed to keep the other person from leaving you
___ B. Fear of being compared with other lovers
___ C. Fear of getting or giving a sexual disease
___ D. Fear of pregnancy

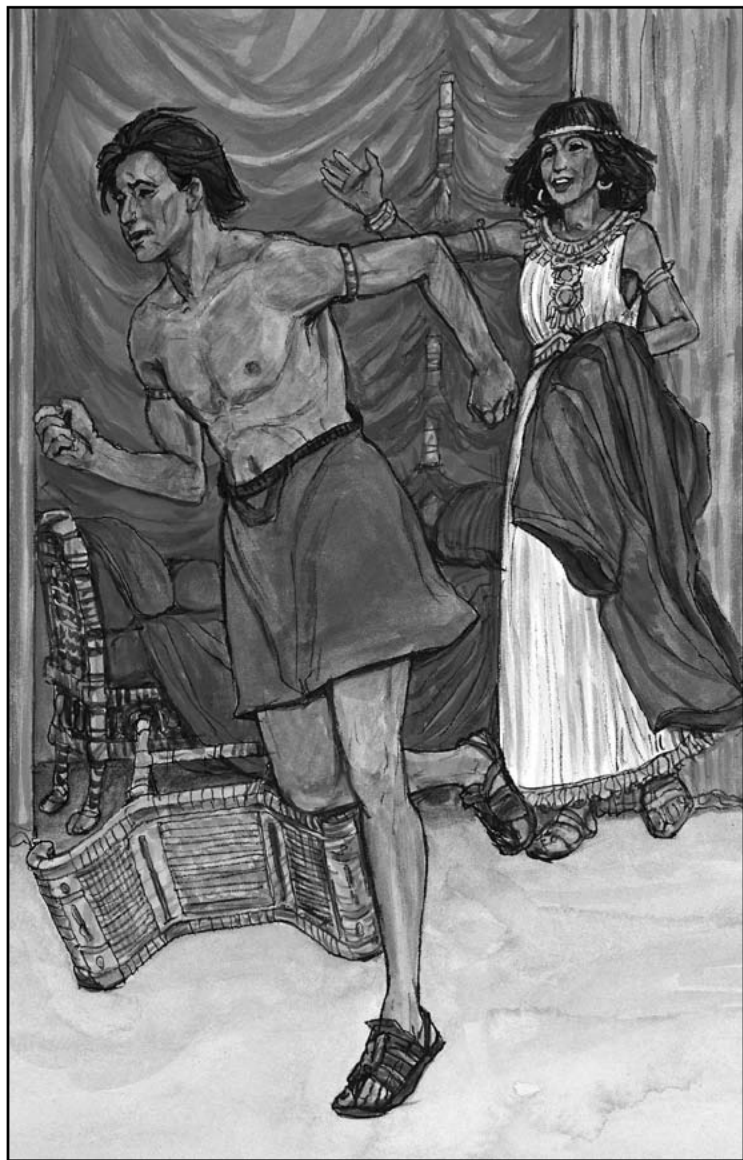
(Check your answers on page 77)



Chapter Five

When Sex Goes Wrong

When a river flows between its riverbanks, it is beautiful and useful. When it floods and flows over its banks, it can cause great harm. Fire inside a fireplace is warm and wonderful. If the fire gets outside the fireplace, it can cause ruin and pain and death. Sex is like that. God set boundaries for sex. He did not do that to spoil anyone's enjoyment. Just the opposite: God



Joseph runs away when he is tempted.

set boundaries for sex to keep it joyful and to spare people from misery and harm. Sex is a powerful thing with great power to cause joy or to cause misery. It needs boundaries.

But people take sex outside the boundaries God set, and then misery and harm quickly follow. Maybe that has happened to you. Understand this: God never abandons, or leaves, you to deal with disaster alone. In the Bible God says, "Call out to me when trouble comes. I will save you. And you will honor me" (Psalm 50:15).

In this chapter we will look at:

- * How sexual problems start in your heart.
- * Some sexual things God has told us to stay away from, and why he told us this.
- * How the solution to our problems with sex is to turn control of our sexuality over to the Holy Spirit.

In the Bible Jesus said, "You have heard that it was said, 'Do not commit adultery.' But here is what I tell you: Do not even look at a woman in the wrong way. Anyone who does has already committed adultery with her in his heart"

(Matthew 5:27-28). Notice that Jesus DID NOT tell men, "Do not look at a woman." A man can look at a woman (and a woman can look at a man) and enjoy the other person's good looks WITHOUT any sin involved. There is nothing wrong with enjoying and being thankful for good looks! The problem comes when you do what Jesus talked about and look "in the wrong way."

You do wrong when you not only look, but you start thinking, "I wonder what it would be like...", and then you play around with thoughts of sex with the other person. Jesus is saying that it is wrong even to THINK about sex with someone you have not married. It is dangerous, because thoughts give birth to actions. Besides that, God is not merely interested in your behavior: God wants your

thoughts and your feelings to belong to him and to be guided by his Holy Spirit. You might think you are doing all right by just behaving the right way. But if you try to keep God out of your mind and your heart, you are in trouble.

1. In Matthew 5:27-28, Jesus says that when a man looks at a woman the wrong way he commits adultery in _____.
2. Sinful thoughts can lead to sinful _____.
3. God does not just want to guide your behavior; he wants to guide your _____ and your _____.

(Check your answers on the bottom of page 54)

Pornography is one of the things you need to stay away from. It gets you thinking about having sex with someone God has not given to you in marriage. It weakens your willingness to keep God's commandments. It tempts you to say "No" to God's love for you. For a married person, it can mess up your marriage with your

husband or wife. You may find you want your husband or wife to look like the people you saw in the dirty, sinful pictures. You may find you want your husband or wife to do the things you saw the people doing in those pictures. Then if your husband or wife does not look as good or do as well as what you saw in the pictures, you can be tempted to start looking around for other men or women. Pornography promises pleasure, but brings misery.

God warns you to stay away from sex with anyone you have not married. The Bible says, "All of you should honor marriage. You should keep the marriage bed pure. God will judge the person who commits adultery. He will judge everyone who commits sexual sins" (Hebrews 13:4). Here again, God wants you to have joy, not pain and misery. Sex with someone outside of marriage is not the joyful thing God wants. It causes:

- The fear of getting in trouble (a married couple can simply relax and enjoy it)
- The pressure to perform so the other

person will not lose interest and leave

- The chance of picking up or giving a sexual disease
- The chance of pregnancy (a baby would be born without a safe, stable family; or worse, you might be tempted to end the baby's life by abortion).

Pedophilia - sex with children - is clearly a sin. A child cannot be an equal sexual partner with an adult. It is abuse, not love. It frightens and confuses and harms children. And it leads to bad problems when they grow up. For instance, they can become alcoholics or drug addicts because of the shame and confusion that came from being sexually abused. Maybe this happened to you when you were young. If it did, it was not your fault. Try to find someone you can talk to about it. You need to stop carrying that secret around with you and letting it make you sick. God also wants men to stay away from sex with another man, and he wants women to stay away from sex with another woman. In the Bible homosexual acts are

listed along with idolatry, prostitution, adultery, theft, alcohol abuse, lying and cheating as sins that need to be cleaned away by the blood of Jesus (see 1 Corinthians 6:9-11, for example). Here again, God is trying to give us lives of joy instead of pain and misery. Homosexual and lesbian actions:

- Keep people away from the fulfillment of sexual love between a man and a woman.
 - Can never result in the joy of having children and making a family.
 - Make people very confused about their lives as men or women.
4. Pornography can get you _____ about sex that is sinful for you.
 5. Pornography promises pleasure, but brings _____.
 6. Sex outside of marriage involves _____ rather than joy.
 7. Sex with children is _____, not love.
 8. Homosexual activities keep people away

from the _____ of sexual love
between a man and a woman.

(Check your answers on the bottom of page 54)

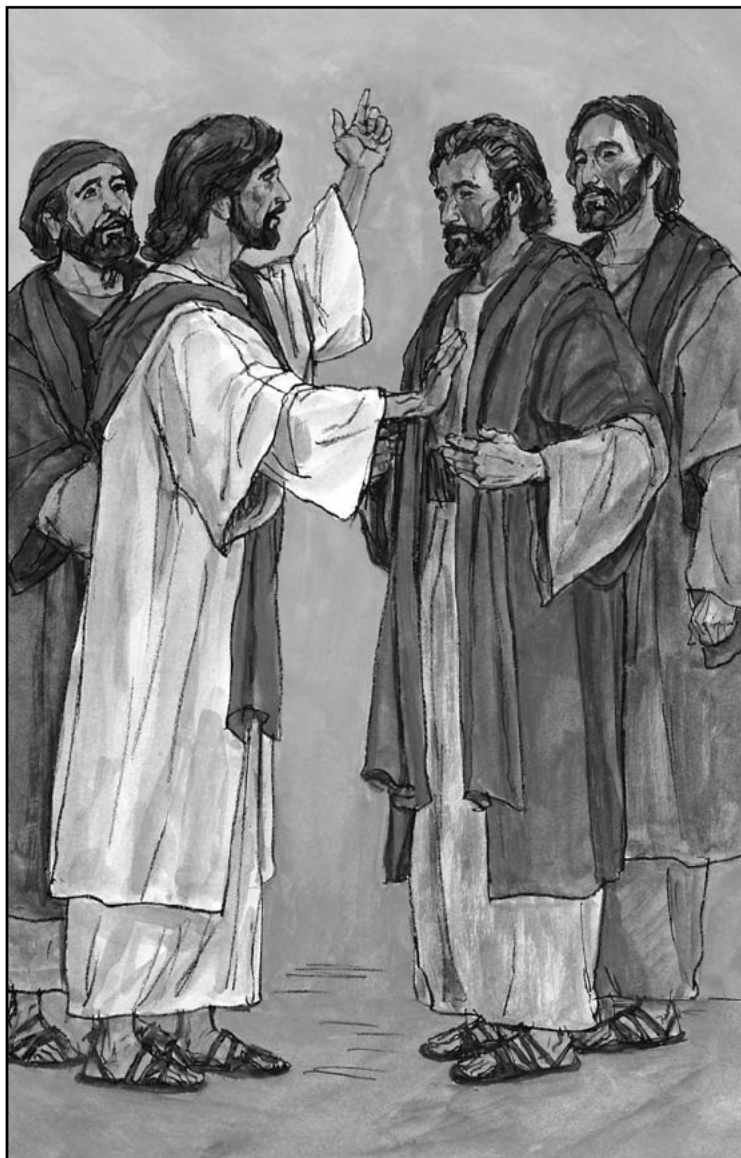
All these sexual activities are stepping outside the boundaries that God has laid out. Even if they seem right, in the Bible God warns us to stay away from them for our own protection. Since he is the one who created the act of sex, God is the one we should ask about the boundaries for sex.

But people often step outside God's boundaries. Maybe you have. Maybe you have picked up new memories, new habits and new guilt, and it feels like all that is getting in the way of your life with God. Maybe you feel the way the apostle Paul felt when he wrote, "What a terrible failure I am! Who will save me from this sin that brings death to my body?" (Romans 7:24). But Paul was not hopeless. Neither are you. Paul answered his own question by saying, "I give thanks to God. He will do it through Jesus Christ our Lord" (Romans 7:25).

God's way of setting us free from the power of sinful thoughts and habits and memories is NOT simply telling us, "Try harder to obey my rules!" His way is to give us the Holy Spirit. God the Holy Spirit lives in the heart of every person who believes in Jesus. Without the Holy Spirit, you would have no choice but to keep on sinning. But now you have new power in your life, power to say "No" to sin. In the Bible the apostle Paul says, "I am now controlled by the law of the Holy Spirit. That law gives me life because of what Jesus has done. It has set me free from the law of sin that brings death" (Romans 8:2).

Keep bringing your problem of sin to Jesus. Jesus takes away the guilt of your sin by his death on the cross, and he takes away the power of sin to run your life by giving you the Holy Spirit.

9. God's way of freeing us from the power of sin is NOT telling us to try harder to _____ the rules.



Jesus promises to send the Holy Spirit.

10. God's way of freeing us from the power of sin is by giving us the _____.
11. Jesus takes away your guilt by his _____ on the _____.

(Check your answers on the bottom of page 54)

Answers to the questions in Chapter Five:

1. his heart; 2. actions; 3. thoughts, feelings. 4. thinking;
5. misery; 6. fear; 7. abuse; 8. fulfillment. 9. obey;
10. Holy Spirit; 11. death, cross.

Review of Chapter Five

God created sex and gave it great power, and he wants that power to bring joy into people's lives, not misery. That is why he put boundaries on sex.

God wants to be Lord of your thoughts and your feelings in addition to being Lord over what you do or how you act. That includes your thoughts and feelings about sex.

Pornography is harmful because it weakens you and messes up your mind and heart. Sex outside of marriage is bad because it involves fear (of things like pregnancy) rather than the joy that God has given to sex. Pedophilia confuses and frightens children and leads to things like addiction and criminal behavior. Homosexual and lesbian activities mess with people's lives as men or women and keep them from the fulfillment of sexual love between a man and a woman. When people have crossed the boundaries God set for sex

and they cannot seem to find their way back, God's solution is to forgive them through Jesus' death on the cross, and to give them the power to change through the Holy Spirit.

Test on Chapter Five

1. Check the reasons for avoiding pornography
 - ☐ A. Sex is always sinful
 - ☐ B. Pornography weakens your will to avoid sinful sexual activities
 - ☐ C. Pornography can give you unrealistic expectations for your sex life
 - ☐ D. It is wrong to think about sex with someone you are not married to

2. Check the dangers of sex outside of marriage.
 - ☐ A. Pressure to perform
 - ☐ B. Sexually given or received diseases
 - ☐ C. Too much fun
 - ☐ D. The temptation to get an abortion

3. True or false? *Circle the correct answer.*

T or F A. Adults having sex with children is abusive

T or F B. Childhood sexual abuse sometimes leads to addictions and criminal behavior

T or F C. The Bible does not say anything about homosexual or lesbian actions

T or F D. Taking part in homosexual or lesbian activities can make people confused about their sexual identity as a man or a woman

4. Check the things God does for you to help you stay inside the boundaries for sex.

___ A. He forgives you through Jesus' death on the cross

___ B. He threatens to send you to hell if you do not try harder to obey

___ C. He puts the Holy Spirit into your heart

___ D. He warns you that his forgiveness might run out if you keep sinning

- ___ E. He promises to keep loving you as you
deal with your sinful thoughts and
habits
- ___ F. He gives you the Holy Spirit's power to
say "No" to sin

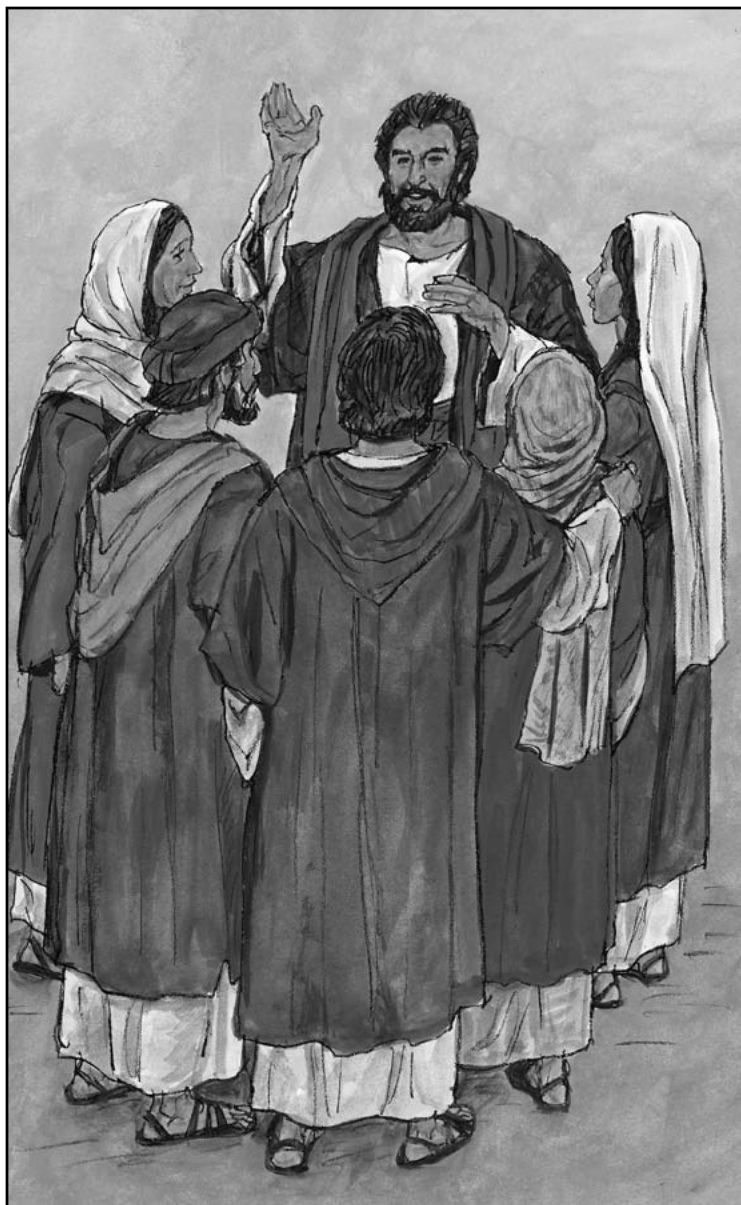
(Check your answers on page 77)



Chapter Six

“Do Everything For the Glory of God.”

Maybe you are thinking, "My sex life is an unholy mess. I cannot stop lusting. I cannot stay away from pornography. I cannot get rid of my homosexual feelings. I keep thinking about doing things God does not want. I cannot seem to keep away from sinful sex. I guess I am hopeless."



Jesus sends the Holy Spirit to his followers.

Your sex life, and the rest of your life, probably IS hopeless—if you are hoping that somehow you are going to be able to fix up your sex life yourself. But that is the wrong place to look for hope. In the Bible the apostle Paul says, "I can do everything by the power of Christ. He gives me strength" (Philippians 4:13). As the Holy Spirit works in your heart, and your trust in Jesus grows, you will find yourself more and more able to enjoy being a man or a woman AND enjoy the loving presence of God at the same time. You will find that your sexuality is really a lot more enjoyable with Jesus in charge of it than it is when you tried to be in charge of it.

As we finish our look at some of what the Bible says about sexuality we will see that:

- * God loves and accepts you because of Jesus even before you see positive, godly changes in your sex life.

- * The power to change your sex life comes from Jesus, not from yourself.
- * No matter what your situation is now, you can use your sexual identity as a man or a woman for the glory of God.

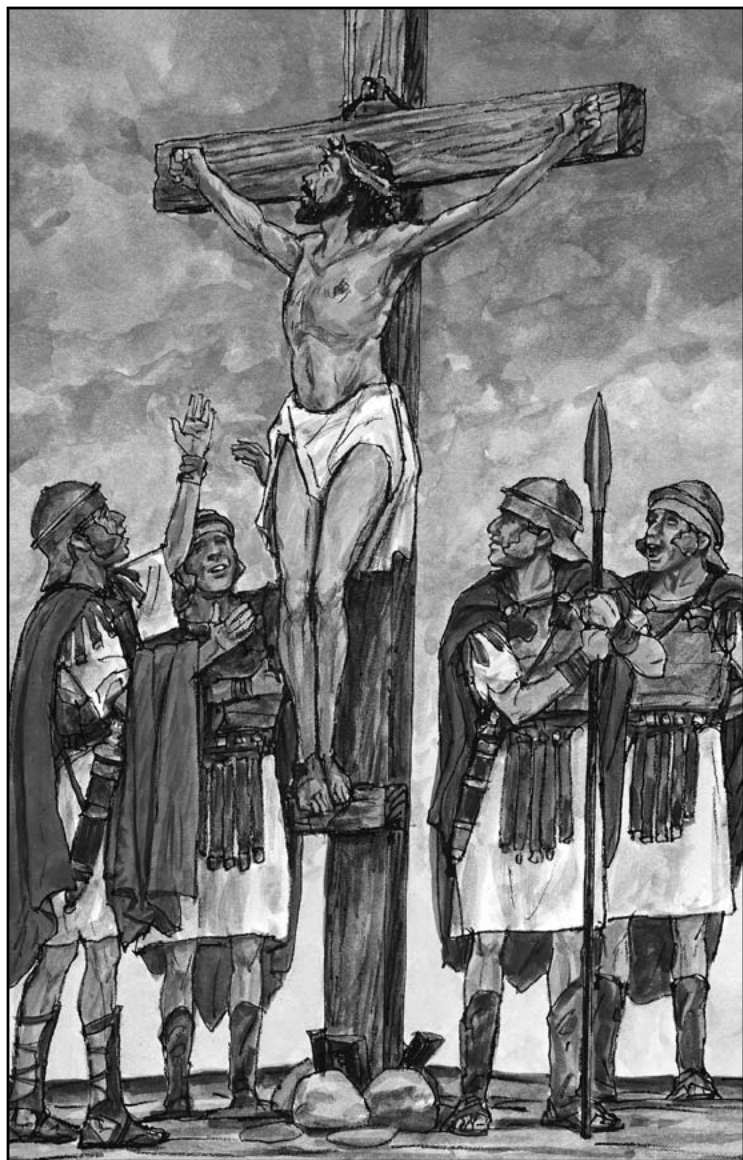
Many religious people who watched Jesus were bothered by the fact that at times he was together with prostitutes and thugs and other immoral people. They thought that God rejected immoral people, and so a man of God should reject them, too. But Jesus would tell those religious people, "I have not come to get those who think they are right with God to follow me. I have come to get sinners to follow me" (Matthew 9:13). Jesus refused to reject people who were not religious or moral before they met him. Jesus loved those people, accepted them, and enjoyed being with them.

Jesus loves and accepts you, and enjoys being with you, too. No matter how bad you think you are, you are not bad enough for Jesus to reject

you. No matter what kind of sins you bring with you when you come to him, he welcomes you.

And Jesus' death on the cross takes away the guilt of your sins. The Bible says, "The blood of Jesus, God's Son, makes us pure from all sin" (1 John 1:7). A lot of people think that sexual sins are worse than all other sins. Some people will say, for instance, that you cannot be forgiven if you have done homosexual things. But the Bible does not say anything like that. The Bible says that Jesus' death on the cross took care of all guilt, no matter what kind of sin you might have done. Because of Jesus' blood, God looks at the person who has been involved for years in sexual sins with the same love that he has for the person who has been going to church and living right for years. When he looks at you, he sees someone he wants in his house with him forever.

1. Many religious people who watched Jesus were bothered by the fact that he liked to be with _____ and _____.



Jesus dies on the cross for all our sins.

2. In Matthew 9:13 Jesus said, "I have come to get _____ to follow me."
3. In 1 John 1:7 the Bible says that the blood of Jesus "makes us _____ from all sin."

(Check your answers on the bottom of page 69)

But you may be thinking, "I am not in heaven yet. How do I stop doing the same sins over and over while I am still alive?" We Christians sometimes forget that God not only gave us forgiveness and salvation, he gave us HIMSELF. The Bible says, "Your sinful nature does not control you. The Holy Spirit controls you. The Spirit of God lives in you... Christ lives in you" (Romans 8:9-10). The power to live a new life does not come from you; it comes from God living in you.

You may feel as if you cannot control your lust and your sexual urges. You may be right! But Jesus can control them. Let him! Talk to him; turn it over to him! He managed his own sexuality while he was on earth, and he can manage yours now.

This is not a simple way to be good. Learning to let Jesus be in charge involves a lot of trial and error. You may have some setbacks as well as victories. Do not worry. The fact that sin stays in you does not mean that God is gone. Jesus said, "You can be sure that I am always with you, to the very end" (Matthew 28:20).

4. God not only gives us forgiveness and salvation, he gives us _____.
5. Instead of trying to control your own sexuality, you need to let _____ be in control of it.
6. Even if you have some setbacks in your Christian life, Jesus promised in Matthew 28:20 that he is "always _____, to the very end."

(Check your answers on the bottom of page 69)

Maybe you used to think, "My life with God and my sex life are two totally different things." Wrong. The Bible says, "Eat and drink and do everything else for the glory of God" (1 Corinthians 10:31). As you learn to let Jesus

be in charge, you can use your sexual identity as God's man or God's woman for the glory of God.

Married Christians can make love to their husbands or wives, and that can be for the glory of God. A Christian who does not have the chance to make love because he is not married can still use his sexuality for the glory of God. Jesus never had sex, but he never stopped being a real man. And that helped him to make friends and followers of both men and women. Men need other men as friends and advisors. Women need other women who will listen and advise them. You may be able to use your wisdom as God's man or God's woman in the same way for someone else.

It can even be a blessing not to be married. In the Bible the apostle Paul said that being single helped him carry out the difficult ministry God gave him. If you have been depressed about not having anyone to make love to, you need to do what the apostle Paul did. Take

your gift of being single right now and turn it over to God. Ask him what he wants you to do with your life for his glory as a single person.

How can you live a sexually godly life? Trying hard is not going to work. Hating yourself and shaming yourself when you fail is not going to work, either. Let Jesus love you and be in charge of your life. That DOES work. He accepts you right now, just the way you are. He is the one who created human sexuality. Let him lead you in the adventure. Discover the joy of being a real man, God's man, or a real woman, God's woman.

7. When a husband and wife make love, that can be to the _____ of God.
8. Men need other _____ as friends and advisors. Women need other _____ who will listen to them and advise them.
9. In the Bible Paul talked about how being single helped him to stay focused on his _____.

(Check your answers on the bottom of page 69)

Review of Chapter Six

Even if your sex life seems like a hopeless mess, you can know for sure that God loves you and accepts you. There is nobody who is too sinful for God to love and accept. When Jesus died on the cross he took care of all your guilt for all your sins.

God not only gives forgiveness to you, he gives himself to you. God lives in the hearts of people who believe in him. Christians learn to let God be in charge of their life rather than trying to take charge themselves and fix their own problems. Your sexuality is a good thing when God is in charge. It can help you see how good God is. That happens when Christian husbands and wives make love. It happens when Christian women help other women with their lives, and when Christian

Answers to the questions in Chapter Six:

1. thugs, prostitutes;
2. sinners;
3. pure;
4. himself;
5. Jesus;
6. with you;
7. glory;
8. men, women;
9. ministry.

men help other men with their lives. It happens when single men and women use the fact that they are not married as a way to give more time to the jobs God has given them. Also, when you live your life trusting in God's forgiveness and trusting that God is with you, you are going to be helping people see how good God is.

Test on Chapter Six

1. Your sex life and the rest of your life is hopeless if you think that _____ will be able to fix what is wrong.

2. In Philippians 4:13 Paul said that he could handle anything that came along "by the power of _____."

3. True or false? *Circle the correct answer.*
T or F A. Jesus avoided and rejected sinful and immoral people.
T or F B. Some people have messed up so badly that Jesus cannot forgive them.

T or F C. When Jesus looks at you he sees someone he wants in his family forever.

T or F D. Jesus loves you just as much when you mess up as when you live right.

4. Check the things that describe what the Holy Spirit will do for you.

___ A. Manage your life, including your sexuality

___ B. Live in your heart

___ C. Give the power to say “No” to sin

___ D. Change you so that you live your life on earth without sinning

5. Check the ways a Christian can use his sexuality to the glory of God.

___ A. Having sex in marriage

___ B. Being a friend and an advisor to people of the same sex

___ C. Saying “No” to having sex outside of marriage

___ D. Asking God to direct your life as a single person before you are ready to get married

(Check your answers on page 77)



Word List

(A list of words you may not know)

ability - being able to do something

abortion - the killing of an unborn baby

abuse - to use something or someone in a wrong way

addiction - to give yourself up to something (drugs, alcohol)

adventure - an experience or journey that is unusual or exciting

advice - words to show you how to believe or act

appetite - a desire for food or for something

attractive - liking or noticing something

avoid - to stay away from behavior the way someone acts or does things

committed - promising to support something or someone

confused - mixed up

convince - to cause someone to believe something is true

costume - a way or kind of dress

create - to make something

crime - doing something that is against the law

delicious - something that tastes very good

experience - something that happens to a person that affects him in some way

expert - a person with great knowledge or skill

focus - centering one's attention on something

guidance - advice; words given on how to act or behave

homosexual - a person attracted to someone of the same sex

hormones - substances produced by glands in the body that affect growth, sexual activity

immoral - not godly

involve - to become a part of

joke - a funny story

lesbian - a woman who is sexually attracted to another woman

lust - great or unusual sexual desire

mess - an untidy sight; disorder

miserable - very unhappy

misery - great pain, suffering, unhappiness

modest - rather shy, not putting oneself forward

moral - godly

normal - average; usual; that which is expected

physical - concerning the body; concerning material not spiritual things

pornography - the ungodly treatment of sexual subjects in writing or pictures wanting to arouse sexual excitement

positive - allowing no room for doubt; absolutely good

pregnant - a woman having a growing child in her womb

precious - something of great value

prostitute - a person who does sexual acts for money

reject - to refuse something

religious - obeying the rules of God's Word

respect - to have a high regard for; to honor

ruin - to destroy completely

secure - safe

sex, sexual, sexuality - being male or female; concerning the body's system of reproduction

situation - a group of circumstances or the way things are

solution- answer

stable - not easily changed; firm

temptation - the act of being persuaded or convinced to do something that may be sinful

thug - a violent criminal

unconditional - being without any limits or rules

valuable - of great importance or having great monetary value

widow - a woman whose husband is dead and she has not remarried



Answers to the Chapter Tests

Chapter Test One: (Pages 12-13)

1. God, you; 2. God, first; 3. loves; 4. life, fullest;
5. A, B, D; 6. False; 7. blame; 8. sure; 9. Confidence that
you have God's love and acceptance.

Chapter Test Two: (Pages 22-23)

1. who you are; 2. male, female; 3. A, B, D; 4. A: False
B: True C: False D: False E: True; 5. very good.

Chapter Test Three: (Page 34)

1. A, C, D; 2. blessing; 3. False; 4. True; 5. False; 6. True.

Chapter Test Four: (Page 42)

1. A, B, C; 2. Before; 3. Encourage; 4. A, B, C, D.

Chapter Test Five: (Pages 56-57)

1. B, C, D; 2. A, B, D; 3. A: True B: True C: False D: True;
4. A, C, E, F.

Chapter Test Six: (Pages 70-71)

1. you; 2. Christ; 3. A: False B: False C: True D: True;
4. A, B, C; 5. A, B, C, D.



Final Test

Congratulations! You have completed your study of God Created Man and Woman. Go back through the book and review any mistakes you made in the chapter tests. Also review the goals from each chapter. When you are sure you know all the goals, you are ready to take the Final Test.

Complete the Final Test without looking at the book. When you are finished, give the test to the person who gave you this book or mail it to the address on the back of this book. Someone will check it for you. You may also ask for more Bible study books in this series.

If you are ready, remove the test from the book and put the book away. Take the test without opening the book.



God Created Man and Woman ***Final Test***

Multiple choice. Check the phrase that best completes the sentence.

1. The best thing to do with your sexuality is

- ☐ A. not think about it.
- ☐ B. let God be in charge of it.
- ☐ C. try hard to get it under control.
- ☐ D. whatever feels good.

2. Messing up on God's rules for sex means

- ☐ A. you will probably bring some misery into your life, but God still loves you completely.
- ☐ B. nothing, because the only thing God really cares about is religion.
- ☐ C. you will probably go to hell.
- ☐ D. God does not love you as much as he did before you messed up.

3. Because Jesus died for you on the cross

- ☐ A. you can be sure you are loved and forgiven and saved by God.
- ☐ B. you have to try hard to live right.

- ___ C. you only have a little bit of work to do to be saved.
- ___ D. it is up to you to prove you are worthy.

True or False? *Circle the correct answer.*

- T or F 4. God created men and women to enjoy each other's company and looks.
- T or F 5. People started having sex only after sin came into the world.
- T or F 6. Sexuality is God's territory, not Satan's.
- T or F 7. God is willing to listen and help in any area of your life.
8. The Bible teaches that Jesus is God, and he is also _____.
9. In Hebrews 2:18 the Bible teaches that Jesus "suffered when he was _____. Now he is able to help others who are being _____."

10. Check the things that describe the blessings of sex within marriage.

- ☐ A. It is a powerful way for husbands and wives to say, "I love you."
- ☐ B. It can result in babies that husbands and wives can enjoy raising together.
- ☐ C. There is no fear of getting anything like AIDS or herpes.
- ☐ D. There is no pressure to perform so the other person will not get bored and leave.

11. Check the things that God has put off limits for our protection.

- ☐ A. Men having sex with men and women having sex with women.
- ☐ B. Sex without the lasting unity of marriage.
- ☐ C. Husbands and wives trying different methods of making love.
- ☐ D. Imagining sex with someone you are not married to.
- ☐ E. Husbands and wives imagining sex with each other.
- ☐ F. Men appreciating female beauty, and women appreciating male good looks.
- ☐ G. Pedophilia.

Multiple choice. Check the phrase that best completes the sentence.

12. If you cannot seem to get your sex life under control you need to
- ☐ A. try harder.
 - ☐ B. accept the fact that you are going to hell.
 - ☐ C. feel ashamed and hate yourself.
 - ☐ D. trust in Jesus to forgive you and give you the power to change.
13. Your sexual identity as a man or a woman
- ☐ A. is hardship and a temptation that you have to endure.
 - ☐ B. is a blessing when Jesus is in charge of it.
 - ☐ C. is something you should ignore if you want to be a real Christian.
 - ☐ D. is totally unimportant; the only thing that matters is that you act religious.
14. A Christian who is single
- ☐ A. needs to find out what plans God has for him as a single person.

- ☐ B. needs to find a Christian husband or wife as quickly as possible.
- ☐ C. should never get married because it is more spiritual to stay unmarried.
- ☐ D. is being punished by God.

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