

~ North Carolina ~

Health Care Power of Attorney Christian Version

NOTICE TO PERSON MAKING THIS DOCUMENT

You have the right to make decisions about your health care. No health care may be given to you over your objection, and necessary health care may not be stopped or withheld if you object.

Because your health care providers in some cases may not have had the opportunity to establish a long-term relationship with you, they are often unfamiliar with your beliefs and values and the details of your family relationships. This poses a problem if you become physically or mentally unable to make decisions about your health care.

In order to avoid this problem, you may sign this legal document to specify the person whom you want to make health care decisions for you if you are unable to participate in medical treatment decisions and make those decisions personally. That person is known as your health care agent. You should take some time to discuss your thoughts and beliefs about medical treatment with the person or persons whom you have specified. You may state in this document any types of health care that you do or do not desire, and you may limit the authority of your health care agent. If your health care agent is unaware of your desires with respect to a particular health care decision, he or she is required to determine what would be in your best interests in making the decision.

This is an important legal document. It gives your agent broad powers to make health care decisions for you. It revokes any prior health care power of attorney that you may have made. If you wish to change your health care agent, you may revoke this document at any time by destroying it, by directing another person to destroy it in your presence, by signing a written and dated statement, or by stating that it is revoked in the presence of two witnesses. If you revoke, you should notify your agent, your health care provider(s), and any other person(s) to whom you have given a copy. If your agent is your spouse and your marriage is annulled or you are divorced after signing this document, the document is invalid.

You may also use this document to make or refuse to make an anatomical gift upon your death. If you use this document to make or refuse to make an anatomical gift, this document revokes any prior document of gift that you may have made. You may revoke or change any anatomical gift that you make by this document by crossing out the anatomical gifts provision in this document.

Do not sign this document unless you clearly understand it. It is suggested that you keep the original of this document with your personal papers where it can be easily accessed by your health care agent, close family, or friends, if needed.

STATE OF NORTH CAROLINA HEALTH CARE POWER OF ATTORNEY

Written in accordance with North Carolina Statutes § 32A-25.1

Document made this _____ day of _____, _____.
Month Year

DESIGNATION OF HEALTH CARE AGENT

I, _____, being of sound mind, hereby appoint
Print full legal name

Name of agent Street

City State Zip Code (_____) Home Phone (_____) Work Phone

as my health care attorney-in-fact (hereinafter referred to as my "health care agent") to act for me and in my name (in any way I could act in person) to make health care decisions for me as authorized in this document.

If the person named as my health care agent is not reasonably available or is unable or unwilling to act as my agent, then I appoint the following persons (each to act alone and successively, in the order named), to serve in that capacity: *(Optional)*

First Successor Health Care Agent

Name of successor agent Street

City State Zip Code (_____) Home Phone (_____) Work Phone

Second Successor Health Care Agent

Name of second successor agent Street

City State Zip Code (_____) Home Phone (_____) Work Phone

Each successor health care agent designated shall be vested with the same power and duties as if originally named as my health care agent.

EFFECTIVENESS OF APPOINTMENT

NOTICE: This health care power of attorney may be revoked by you at any time in any manner by which you are able to communicate your intent to revoke your health care agent and your attending physician.

Absent revocation, the authority granted in this document shall become effective when and if the physician or physicians designated make or communicate that I lack sufficient understanding or capacity to make or communicate decisions relating to my health care and will continue in effect during my incapacity, until my death. This determination shall be made by the following physician or physicians. (You may include here a designation of your choice, including your attending physician, or any other physician. You may also name two or more physicians, if desired, both of whom must make this determination before the authority granted to the health care agent becomes effective.):

1. _____
2. _____
3. _____

GENERAL STATEMENT OF AUTHORITY GRANTED

1. Except as indicated in the section “SPECIAL PROVISIONS AND LIMITATIONS”, I hereby grant to my health care agent named on page 2 full power and authority to make health care decisions on my behalf, including, but not limited to, the following:
2. To request, review, and receive any information, verbal or written, regarding my physical or mental health, including, but not limited to, medical and hospital records, and to consent to the disclosure of this information;
3. To employ or discharge my health care providers;
4. To consent to and authorize my admission to and discharge from a hospital, nursing or convalescent home, or other institution;
5. To give consent for, to withdraw consent for, or to withhold consent for X-ray, anesthesia, medication, surgery, and all other diagnostic and treatment procedures ordered by or under the authorization of a licensed physician, dentist, or podiatrist. This authorization specifically includes the power to consent to measures for relief of pain;
6. To authorize the withholding or withdrawal of life-sustaining procedures when and if my physician determines that I am terminally ill, permanently in a coma, suffer from severe dementia, or am in a persistent vegetative state. Life-sustaining procedures are those forms of medical care that only serve to artificially prolong the dying process and may include mechanical ventilation, dialysis, antibiotics, and other forms of medical treatment which sustain, restore, or supplant vital bodily functions. Life-sustaining procedures do not include care necessary to provide comfort or alleviate pain.
7. To exercise any right I may have to make a disposition of any part or all of my body for medical purposes, to donate my organs, to authorize an autopsy, and to direct the disposition of my remains.
8. To make any lawful actions that may be necessary to carry out these decisions, including the granting of releases of liability to medical providers.

SPECIAL PROVISIONS AND LIMITATIONS

NOTE: The above grant of power is intended to be as broad as possible so that your health care agent will have authority to make any decisions you could make to obtain or terminate any type of health care. If you wish to limit the scope of your health care agent’s powers, you may do so in this section.

In exercising the authority to make health care decisions on my behalf, the authority of the health care agent is subject to the following special provisions and limitations (Here you may include any specific limitations you deem appropriate such as: your own definition of when life–sustaining treatment should be withheld or discontinued, or instructions to refuse any specific types of treatment that are inconsistent with your religious beliefs, or unacceptable to you for any other reason.):

1. I request that the attached Addendum (pages 9-15) be included as a valid part of this Health Care Power of Attorney document.

2. I request, but not as a requirement, that my health care agent consult my clergy regarding health care decisions.

3. _____

[Attach additional pages, if needed.]

GUARDIANSHIP PROVISION

If it becomes necessary for a court to appoint a guardian of my person, I nominate my health care agent acting under this document to be the guardian of my person, to serve without bond or security.

RELIANCE OF THIRD PARTIES ON HEALTH CARE AGENT

No person who relies in good faith upon the authority of or any representation by my health care agent shall be liable to me, my estate, my heirs, successors, assigns, or personal representatives, for actions or omissions by my health care agent.

The powers conferred on my health care agent by this document may be exercised by my health care agent alone, and my health care agent’s signature or act under the authority granted by me and with the same force and effect as if I were personally present, competent, and acting on my own behalf. All acts performed in good faith by my health care agent pursuant to this power of attorney are done with my consent and shall have the same validity and effect as if I were present and exercised the powers myself, and shall inure to the benefit of and bind me, my estate, my heirs, successors, assigns, and personal representatives. The authority of my health care agent pursuant to this power of attorney shall be superior to and binding upon my family, relatives, friends, and others.

MISCELLANEOUS PROVISIONS

I revoke any prior health care power of attorney.

My health care agent shall be entitled to sign, execute, deliver, and acknowledge any contract or other document that may be necessary, desirable, convenient, or proper in order to exercise and carry out any of the powers described in this document and to incur reasonable costs on my behalf incident to the exercise of these powers; provided, however, that except as shall be necessary in order to exercise the powers described in this document relating to my health care, my health care agent shall not have any authority over my property or financial affairs.

My health care agent and my health care agent's estate, heirs, successors, and assigns are hereby released and forever discharged by me, my estate, my heirs, successors, and assigns and personal representatives from all liability and from all claims or demands of all kinds arising out of the acts or omissions of my health care agent pursuant to this document, except for willful misconduct or gross negligence.

No act or omission of my health care agent, or of any other person, institution, or facility acting in good faith in reliance on the authority of my health care agent pursuant to this health care power of attorney shall be considered suicide, nor the cause of my death for any civil or criminal purposes, nor shall it be considered unprofessional conduct or as lack of professional competence. Any person, institution, or facility against whom criminal or civil liability is asserted because of conduct authorized by this health care power of attorney may interpose this document as a defense.

HIPAA RELEASE STATEMENT

I intend for my health care agent to be treated as I would with respect to my rights regarding the use and disclosure of my individual protected health information or other medical records. I grant to my agent the right to receive, disclose, or release, without restriction, all of my protected health information. This release statement applies to any information that is governed by the Health Insurance Portability and Accountability Act (HIPAA) of 1996.

The principal and the witnesses must sign the document at the same time, and it must be notarized.

SIGNATURE OF PRINCIPAL

(Person creating this Health Care Power of Attorney)

Signature: _____ **Date:** _____

(The signing of this document by the principal revokes all previous health care power of attorney documents.)

STATEMENT OF WITNESSES

I know the principal personally and I believe him or her to be of sound mind and at least 18 years of age. I believe that his or her execution of this health care power of attorney is voluntary. I am at least 18 years of age, am not related to the principal by blood, marriage, or adoption and am not directly financially responsible for the principal's health care. I am not a health care provider who is serving the principal at this time, an employee of the health care provider, other than a chaplain or a social worker, or an employee of an inpatient health care facility in which the principal is a patient. I am not the principal's health care agent. To the best of my knowledge, I am not entitled to and do not have a claim on the principal's estate.

Witness #1

Print name: _____ **Date:** _____

Address: _____

Signature: _____

Witness #2

Print name: _____ **Date:** _____

Address: _____

Signature: _____

STATEMENT OF NOTARY PUBLIC

[Required]

STATE OF NORTH CAROLINA

COUNTY OF _____

CERTIFICATE

I _____, a Notary Public for _____ County, North

Carolina, hereby certify that _____ appeared before me and swore to me and to the witnesses in my presence that this instrument is a health care power of attorney, and that he/she willingly and voluntarily made and executed it as his/her free act and deed for the purposes expressed in it.

I further certify that _____ and _____, witnesses, appeared before me and swore that they witnessed _____ sign the attached health care power of attorney, believing him/her to be of sound mind; and also swore that at the time they witnessed the signing (i) they were not related within third degree to him/her or his/her spouse, and (ii) they did not know nor have a reasonable expectation that they would be entitled to any portion of his/her estate upon his/her death under any will or codicil thereto then existing or under the Interstate Succession Act as it provided at that time, and (iii) they were not a physician attending him/her, nor an employee of and attending physician, nor an employee of a health facility in which he/she was a patient, nor an employee of a nursing home or any group-care home in which he/she resided, and (iv) they did not have a claim against him/her. I further certify that I am satisfied as to the genuineness and due execution of the instrument.

This the _____ day of _____, _____
Month Year

Notary Public

My Commission Expires: _____

STATEMENT OF HEALTH CARE AGENT

I understand that _____ has designated me to be his or her health care agent
Name of principal
if he or she is ever found to have incapacity and unable to participate in making health care decisions himself or herself.

_____ has discussed his or her desires regarding health care decisions with
me. Name of principal

Agent's signature: _____

Address: _____

STATEMENT OF FIRST SUCCESSOR HEALTH CARE AGENT

I understand that _____ has designated me to be his or her first successor
Name of principal
health care agent if he or she is ever found to have incapacity and unable to make health care decisions himself or herself and if the person designated as health care agent is unable or unwilling to make those decisions.

_____ has discussed his or her desires regarding health care decisions with me.
Name of principal

First successor agent's signature: _____

Address: _____

STATEMENT OF SECOND SUCCESSOR HEALTH CARE AGENT

I understand that _____ has designated me to be his or her second
Name of principal
successor health care agent if he or she is ever found to have incapacity and unable to make health care decisions himself or herself and if the person designated as health care agent is unable or unwilling to make those decisions.

_____ has discussed his or her desires regarding health care decisions with me.
Name of principal

Second successor agent's signature: _____

Address: _____

ANATOMICAL GIFTS

Optional

Upon my death:

_____ I wish to donate only the following organs or parts:

_____ I wish to donate any needed organ or part.

_____ I wish to donate my body for anatomical study if needed.

_____ I refuse to make an anatomical gift. (If this revokes a prior commitment that I have made to make an anatomical gift to a designated donee, I will attempt to notify the donee to which or to whom I agreed to donate.)

Failure to check any of the lines immediately above creates no presumption about my desire to make or refusal to make an anatomical gift.

Signature: _____ **Date:** _____

ADDENDUM TO THE STATE OF NORTH CAROLINA HEALTH CARE POWER OF ATTORNEY

GENERAL STATEMENT OF AUTHORITY GRANTED

As the declarant of this document, I desire to have my health care decisions made in accordance with this Addendum to the Health Care Power of Attorney – Christian Version. The purposes of this Addendum are to provide a witness to my Christian belief that life is a gift from God, and to provide direction for my patient advocate to make decisions that are consistent with my Christian faith.

Unless I have specified otherwise in this document, if I ever have incapacity I instruct my health care provider to obtain the health care decision of my patient advocate, if I need treatment, for all of my health care and treatment. I have discussed my desires thoroughly with my patient advocate and believe that he or she understands any philosophy regarding the health care decisions I would make if I were able. I desire that my wishes be carried out through the authority given to my patient advocate under this document.

If I am unable, due to my incapacity, to participate in making a health care decision, my advocate is instructed to make the health care decision for me, but my advocate should try to discuss with me any specific proposed health care if I am able to communicate in any manner, including by blinking my eyes. If this communication cannot be made, my patient advocate shall base his or her decision on any health care choices that I have expressed prior to the time of the decision. If I have not expressed a health care choice about the health care in question and communication cannot be made, my advocate shall base his or her health care decision on what he or she believes to be in my best interest.

MY HEALTH CARE STATEMENT OF BELIEFS

My philosophy regarding the health care decisions I would make, if I were able to participate in medical treatment decisions, is based on my belief that life is a gift from God and in the inherent value of human life. It is my desire that all reasonable efforts be made to sustain my life and health.

I believe that death is the normal end of earthly life and that God takes life by his decision. Therefore, I reject any attempt to end my life when God would sustain it, regardless of any diminished state of quality to my life, even if I have a disability. Similarly, I reject any attempt to lengthen my life when it is clear God intends to take it.

I believe life begins at conception. Therefore, if I have been diagnosed as pregnant and my physician knows of this diagnosis, I request that every effort be made to save the life of my unborn child in full recognition that two lives are at stake, both equal in value and worthy of protection.

HEALTH CARE DIRECTIVES

1. I direct my patient advocate to consent to the following health care:
 - a. Health care that is intended to relieve pain or to make me comfortable.
 - b. Health care to cure or improve any physical or mental condition which can be cured or improved. This includes health care that is intended to be used temporarily or because it is potentially effective.
2. My patient advocate has no authority to consent to any act or omission intended to cause or hasten my death.

3. I instruct my patient advocate to ensure that my attending physician and other health care providers provide my health care based on my health care philosophy and my health care directives as set forth in this document.
4. Should it become clear that God wishes to take my life, namely that I am diagnosed to have a terminal illness or injury where death is imminent, I direct that life-sustaining procedures be withheld or withdrawn, and that I be permitted to die in God's time. I do *not* give consent for the withholding or withdrawal of nutrition or hydration, even if I am diagnosed to have a terminal illness or injury, if doing so would cause my death by starvation or dehydration rather than from the terminal condition or injury.
5. If God allows the quality of my life to be diminished but gives me strength to continue living for an indeterminate amount of time, I request that reasonable care be administered to me to sustain my life and ease discomfort as much as possible.

EXCEPTIONS TO HEALTH CARE DIRECTIVES

1. My patient advocate may refuse consent to health care that would not be effective in terms of my survival.
2. If I have an incurable terminal illness or injury where I am in the final stages of dying, and it is medically certain that my death will occur within hours or a few days, my patient advocate may consent to the withholding or withdrawal of any health care that is not intended to relieve pain or make me comfortable.
3. If I have an incurable terminal illness or injury, and it is medically certain that my death will occur within six (6) months, my health care agent may consent to the withholding or withdrawal of life-sustaining health care. However, I still desire health care for easily treatable acute and chronic conditions, and health care that is intended to relieve pain or make me comfortable.
4. If I have a total, chronic, and irreversible loss of consciousness, this condition must be diagnosed with medical certainty by two physicians, one of whom is my attending physician and the other is an expert in diagnosing my condition. Upon such diagnosis, my patient advocate may consent to the withholding or withdrawal of certain life-sustaining health care, remaining faithful to the directives found in the rest of this document. I still desire health care for easily treatable acute and chronic conditions and health care that is intended to relieve pain or make me comfortable.

NUTRITION AND HYDRATION

Food and fluids

1. I believe that nutrition and hydration are basic human needs which should be provided to me even though providing them may require medical expertise and technology.
2. If I check "Yes" to the "Withhold or withdraw a feeding tube" option in the next section, then a feeding tube may only be withheld or withdrawn from me if:
 - a. I have an incurable terminal illness or injury where I am in the final stage of dying, and it is medically certain that my death will occur within hours or a few days, and
 - b. The withholding or withdrawal of the feeding tube would not result in my death from malnutrition or dehydration, or complications of malnutrition or dehydration, rather than from my underlying terminal illness or injury.

PROVISION OF FEEDING TUBE

If I have checked “Yes” to the following, my patient advocate may have a feeding tube withheld or withdrawn from me, unless my physician has advised that, in his or her professional judgment, this will cause me pain or will reduce my comfort. If I have checked “No” to the following, my patient advocate may not have a feeding tube withheld or withdrawn from me.

My patient advocate may not have orally ingested nutrition or hydration withheld or withdrawn from me unless provision of the nutrition or hydration is medically contraindicated.

Withhold or withdraw a feeding tube **Yes** **No**

If I have not checked either “Yes” or “No” immediately above, my patient advocate may not have a feeding tube withheld or withdrawn from me.

PREGNANT WOMEN

If I am pregnant, the following applies:

1. My patient advocate is authorized to make health care decisions on behalf of my unborn child as an individual patient.
2. Health care necessary to sustain the life or health of my unborn child should be provided unless it is medically certain that my unborn child would not survive even if the health care were provided.
3. It is my desire that all reasonable efforts be made to sustain both my life and health and the life and health of my unborn child.
4. Even if I have an incurable illness or injury, or I am legally determined to be brain dead, it is my desire to receive all health care, to remain on any necessary life support systems, and to receive nutrition and hydration until my unborn child can sustain life apart from my body, unless it is medically certain that my unborn child would not survive even if I receive such health care.
5. No one is authorized to consent to an abortion for me unless it is directly and medically necessary to prevent my death.

PROVISION FOR PREGNANT WOMEN

If I have checked “Yes” to the following, my patient advocate may make health care decisions for me if he/she knows I am pregnant. If I have checked “No” to the following, my patient advocate may not make health care decisions for me if he/she knows I am pregnant.

Health care decisions if I am pregnant **Yes** **No**

If I have not checked either “Yes” or “No” immediately above, my patient advocate may not make health care decisions for me if he or she knows I am pregnant.

In no event is my patient advocate authorized to make medical treatment decisions to withhold or withdraw treatment for me if I am pregnant that would result in my death.

LIMITATIONS ON MENTAL HEALTH TREATMENT

My patient advocate may not admit or commit me on an inpatient basis to an institution for mental diseases, a state treatment facility, or a treatment facility. My patient advocate may not consent to experimental mental health research or psycho surgery, electroconvulsive treatment, or drastic mental health treatment procedures for me.

INSPECTION AND DISCLOSURE OF INFORMATION RELATING TO MY PHYSICAL OR MENTAL HEALTH

Subject to any limitations in this document, my patient advocate has the authority to do all of the following:

1. Request, review, and receive any information, verbal or written, regarding my physical or mental health, including medical and hospital records.
2. Execute on my behalf any documents that may be required in order to obtain this information.
3. Consent to the disclosure of this information.

ADMISSION TO NURSING HOMES

My patient advocate may admit me to a nursing home for short-term stays for recuperative care or respite care.

If I have checked “Yes” to the following, my patient advocate may admit me for a purpose other than recuperative care or respite care, but if I have checked “No” to the following, my patient advocate may not so admit me:

A nursing home **Yes** **No**

If I have not checked either “Yes” or “No” immediately above, my patient advocate may only admit me for short-term stays for recuperative care or respite care.

The principal and the witnesses must sign the document at the same time, and it must be notarized.

SIGNATURE OF PRINCIPAL

(Person creating this Health Care Power of Attorney)

Signature: _____ **Date:** _____

(The signing of this document by the principal revokes all previous health care power of attorney documents.)

STATEMENT OF WITNESSES

I know the principal personally and I believe him or her to be of sound mind and at least 18 years of age. I believe that his or her execution of this health care power of attorney is voluntary. I am at least 18 years of age, am not related to the principal by blood, marriage, or adoption and am not directly financially responsible for the principal's health care. I am not a health care provider who is serving the principal at this time, an employee of the health care provider, other than a chaplain or a social worker, or an employee of an inpatient health care facility in which the principal is a patient. I am not the principal's health care agent. To the best of my knowledge, I am not entitled to and do not have a claim on the principal's estate.

Witness #1

Print name: _____ **Date:** _____

Address: _____

Signature: _____

Witness #2

Print name: _____ **Date:** _____

Address: _____

Signature: _____

STATEMENT OF NOTARY PUBLIC

[Required]

STATE OF NORTH CAROLINA

COUNTY OF _____

CERTIFICATE

I _____, a Notary Public for _____ County, North

Carolina, hereby certify that _____ appeared before me and swore to me and to the witnesses in my presence that this instrument is a health care power of attorney, and that he/she willingly and voluntarily made and executed it as his/her free act and deed for the purposes expressed in it.

I further certify that _____ and _____, witnesses, appeared before me and swore that they witnessed _____ sign the attached health care power of attorney, believing him/her to be of sound mind; and also swore that at the time they witnessed the signing (i) they were not related within third degree to him/her or his/her spouse, and (ii) they did not know nor have a reasonable expectation that they would be entitled to any portion of his/her estate upon his/her death under any will or codicil thereto then existing or under the Interstate Succession Act as it provided at that time, and (iii) they were not a physician attending him/her, nor an employee of and attending physician, nor an employee of a health facility in which he/she was a patient, nor an employee of a nursing home or any group-care home in which he/she resided, and (iv) they did not have a claim against him/her. I further certify that I am satisfied as to the genuineness and due execution of the instrument.

This the _____ day of _____, _____
Month Year

Notary Public

My Commission Expires: _____

STATEMENT OF HEALTH CARE AGENT

I understand that _____ has designated me to be his or her health care agent
Name of principal
if he or she is ever found to have incapacity and unable to participate in making health care decisions himself or herself.

_____ has discussed his or her desires regarding health care decisions with
me. Name of principal

Agent's signature: _____

Address: _____

STATEMENT OF FIRST SUCCESSOR HEALTH CARE AGENT

I understand that _____ has designated me to be his or her first
Name of principal
successor health care agent if he or she is ever found to have incapacity and unable to make health care decisions himself or herself and if the person designated as health care agent is unable or unwilling to make those decisions.

_____ has discussed his or her desires regarding health care decisions with me.
Name of principal

First successor agent's signature: _____

Address: _____

STATEMENT OF SECOND SUCCESSOR HEALTH CARE AGENT

I understand that _____ has designated me to be his or her second
Name of principal
successor health care agent if he or she is ever found to have incapacity and unable to make health care decisions himself or herself and if the person designated as health care agent is unable or unwilling to make those decisions.

_____ has discussed his or her desires regarding health care decisions with me.
Name of principal

Second successor agent's signature: _____

Address: _____

CLERGY *Optional*

The declarant has requested that the agent consult me, as the declarant's clergy, regarding any health care decisions. I understand that this request has been made and am willing to work with the agent to help meet the directives as described in this Health Care Power of Attorney document and attached Addendum.

Clergy's Signature: _____

Church Name: _____ Phone: (_____) _____

Church Address: _____

I have given copies of this Health Care Power of Attorney – Christian Version to:
